



*Trillium empowers people to have a voice in conquering barriers and following their dreams.*

### *Core Values*

- Support Community Contribution
- Develop Valued Social Roles
- Teach Respect for Self and Others
- Utilize Natural Supports
- Promote Community Inclusion
- Establish Reciprocal Relationships
- Acknowledge Dignity of Risk
- Build Strength through Capacity



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*We encourage you to come in and talk with us. It is our pleasure to answer any questions you have without obligation.*

## *Trillium Services, Inc.*

*"Connecting People with Communities"*



### *Connections*

*Supported Living Services &  
Semi-Independent Living Services*

## Frequently Asked Questions

**Trillium Services** is a leader in providing person centered services for people with developmental disabilities and other related conditions. Our philosophy moves beyond traditional models of service by promoting self-determination and community inclusion as ways of achieving personal outcome goals and objectives. Everyone wants to have the life they dream of and our goal is to help make those dreams possible.

**Trillium's Connections Program** includes Supported Living Services (SLS) and Semi-Independent Living Services (SILS), both of which are provided to adults who live in their own home or apartment. These services are designed for people who may not require 24/7 supervision but simply need some supports to help them maintain independence and lead quality lives in the community. Individuals are mentored in key areas of self-determination and independence. Services may include, but are not limited to, money management, shopping and meal preparation, health and wellness, and establishing community relationships.

### *What is the expected wait time to start receiving services?*

Although Trillium Services does not have a waiting list, if one is necessitated in the future the order of service initiation would be determined by the date and time of referral. Support services can typically start within two weeks of admission.

## FAQs



### *How do I go about finding my own place to live?*

Connections can provide you with initial information about community housing resources in the Duluth area, including affordable housing that is managed by HRA.

### *Will Trillium help pay my rent?*

No. However, most people in the Connections Program live in apartments that are subsidized by HRA, which means you pay only a portion (usually about 30% of your income) of your rent. Your staff will help you manage your rent budget if you choose to have us provide those support services.



### *What about cable TV and phone?*

You are responsible for paying for things like cable TV, telephone, cell phone, internet, newspaper delivery, etc., if you chose to order them.

### *I don't drive and I don't know the bus routes well. Plus... I haven't done much cooking on my own, and have always gotten help doing my laundry. How am I going to manage all this on my own?*

Once you get into the Connections Program, you and your team (usually made up of your case manager, guardian (if you have one), family members, and your Trillium Supervisor) will develop your Personal Outcome Plan based on what your needs and goals are. Menu planning and cooking, budgeting and money management, learning a bus route, and exercise and fitness are all examples of what a Personal Outcome Plan can be based on. Then, when you get together with your staff, you can work on these Personal Outcomes together.

### *What are the staff's qualifications?*

All employees receive extensive training and on-going training specific to your individual needs. Employees must be 18 years of age, have a high school diploma, and pass a Department of Human Services background study.