

# The Trillium Times

*"Connecting People with Communities"*

Quarterly Newsletter

Trillium Services | Paragon Associates | Trillium Works!

September 2008

## *Flashback to the Fabulous 1950's Annual Picnic*



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TTF Fundraiser for Animal Allies  
a Huge Success, see page 6!

*"A Community Services & Community Employment Services CARF Accredited Agency"*

# WELCOME! & INTROS!



Jen

Hi! My name is **Jen Hurst**. I am the new House Supervisor at the Swan Lake House.

I have been with Trillium for two years. I started as a Program Counselor at Swan Lake and then was House Manager. I love working with Brian, Jesse, Ron, and Mark; they are amazing.

When not at work, I enjoy reading and doing cross-stitch. I also like to garden and exercise by running, walking, and doing aerobics.



Beth

Hello, I'm **Beth Shanda**. I came into the Connections Program in July. I moved into my apartment one year and one day after my 2007 PATH. I've been with Trillium since 2000. I work at the China Star through Trillium Works! and really enjoy my job. I enjoy hanging out with my friends and going to movies.

— Beth Shanda

“Welcome to the Connections Program, Beth!” -- from Amber Harvey & Nadine Carlson



Debra

Hi, I'm **Debra Weber**. I just moved into the Ensign house in July.

I love animals, especially dogs. In fact, I volunteer at Animal Allies every Tuesday and Thursday with Trillium Works! I also enjoy walking on the boardwalk, drawing pictures, and watching Nascar racing.

I really enjoy living at Ensign. If you ever run into me, please say hello!

— Debra Weber



Beth

Hi! My name is **Beth Hazuka** and I am the new House Supervisor at Jackson Estates. I started working at Trillium when I moved up to Duluth from southern Minnesota a year and a half ago. I haven't looked back since! Time spent with the guys at Jackson is always exciting and I look forward to what the future will bring.

When I'm not working, I enjoy watching movies, going for walks, and spending time with family and friends.



Ashley

Hi everyone! My name is **Ashley Hart** and I was hired as the House Supervisor for Oakley. If you were at the picnic, you may have seen me working at the Fish Pond. I truly enjoyed getting to meet all the consumers that stopped by to drop a line.

Since starting at Oakley, Michelle and Jen have introduced me to a variety of places I

have never been to, and I look forward to all the fun opportunities yet to come.

When I'm not working, I am spending time with my husband and our three children. I love to watch and play all kinds of sports as well as just being outside, but nothing can beat sitting back and watching the Vikings play on Sunday afternoon.



**LAVAQUE OPENS - Barb, Brian & Collin move in!**

After months of excitement and weeks of packing, the day finally arrived to move into the Lavaque home. On July 18th, 2008, Barb and Brian moved out of the Ramsey Town Home that they had occupied for many years and unpacked their belongings at Lavaque. Collin joined them on August 1st moving from Jackson Estates. Since the move, they have spent their time getting to know each other and decorating their new house.

— by Jennifer Steger

# DIRECTOR'S CORNER

-- by Nadine Carlson, Jennifer Steger, Amanda Burcar, & Julie Gronski

In July, Program Directors Amanda, Nadine, Julie, and Jennifer attended the Toronto Summer Institute. The Summer Institute has become an internationally renowned, intensive six-day training focusing on Community Inclusion and Person Centered Planning.

The Institute hosts included the founders of the PATH and MAPS process; Jack Pearpoint and John O'Brien, as well as John McKnight and Mike Greene who are leaders in the world of community development. In addition, Judith Snow and the people who have known and supported her throughout

her life, shared stories and strategies for self-advocacy.

We had the opportunity to share Trillium stories with others at the Institute, and each of us came away with new ideas and different perspectives from people and agencies around the world. Inspired from our experience at the Institute, both staff and consumers can expect to see new trainings and quarterly meetings that will include; the new Community Connectors group, relationship building strategies as well as a more person centered approach to job development within Trillium Works!



Nadine Carlson, Jennifer Steger, Amanda Burcar, & Julie Gronski at the Toronto Summer Institute.

**integration celebration!**  
-- by Angela Gustafson

**Planning for the Future**

**Stakeholders' PATH set for October 8th, 2008-**

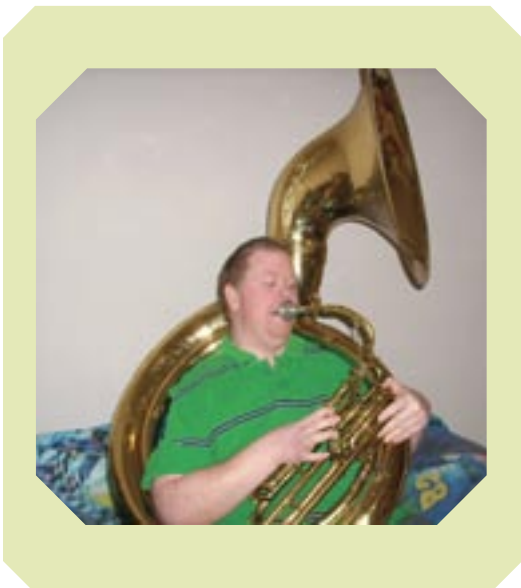
Trillium would like to extend an invitation to our stakeholders to attend the PATH on October 8th.

PATH (Planning Alternative Tomorrows with Hope) is a backwards future-planning process. We value any input you may have on your vision for the future of Trillium Services.

• *If you are interested in participating in the Stakeholders' PATH please call Angela at 722-5009 for more information.*

# HIDDEN TALENTS!

-by Jeff Arfman



Hi all! Jeff from Crosley here. A talent of mine that folks may not be aware of is playing the tuba. The proper name for the instrument that I play is a "Sousaphone", but they are quite similar in sound and design so I refer to it as a tuba.

When I was very young I discovered "Dixieland" music and loved it for its rich polyphonic use of brass instruments. I considered how fun

it would be to play a horned instrument while listening to my old vinyl records, so in the ninth grade I visited a consignment shop and purchased the tuba that I still use to this day. Each day I make it a point to play my records and follow along with my horn. It's a great hobby and great for stress relief. If you have an instrument and would like to play with me, give me a call!

**"Each day I make it a point to play my records and follow along with my horn." -- Jeff**

# EMPLOYEE OF THE MONTH AWARDS...

## JULY



*Nick Salay*

Nick has been working at Trillium for almost a year now, and ever since day one he has regularly gone above and beyond for the boys at Decker Road. He can be counted on to help out at the drop of a hat, and even filled the overnight position for a week and a half with less than a day's notice. He is very thorough in his documentation and in all tasks that are assigned to him.

**Nick is a very positive influence for all the boys.**  
-- *Kristen Moir*

**Nick is always there to offer help when it's needed.**  
-- *Shelly Helgeson*

When Nick is working, it is very rare for him to stay at the home the entire time. He is always seeking new opportunities for the boys to experience out in the community and encourages independence and a healthy life style.

Nick was one of the two key staff that helped him with the tough transition into the Decker Road home. He provided the stability, consistency, and comfort that made the process easier for Joseph.

All of the boys respond well to Nick and he has built extremely solid relationships with them, especially with Joseph.

Congratulations Nick, you are an asset to the team at Decker Road!  
-- *Jennifer Taggart*



## AUGUST



*Dylan Munger*

Dylan Munger has worked for Trillium as a Program Counselor for a little over four years. He has worked with consumers in the Family Services program and is currently working at the Apple Ridge house. He has built a great rapport with Michael, Josh, James, Keith and also with his coworkers!

**Dylan is fun to be with, but needs to work on his bowling techniques!**  
-- *Josh Hendrickson*

**Dylan is the best cook ever!**  
-- *James Good*

Dylan is always searching for new activities in the community that are fun and challenging. He has taken some of the guys to pow wows, parades, movies, bowling, car shows, and tons of sporting events at local schools and colleges. He is also known as the "Galloping Gourmet" with the guys in the

kitchen, helping to whip up anything from shishkabobs on the grill to an old fashioned pot roast! Dylan always has a great sense of humor and is a good listener. Congratulations, Dylan!  
-- *Shirley Roine*

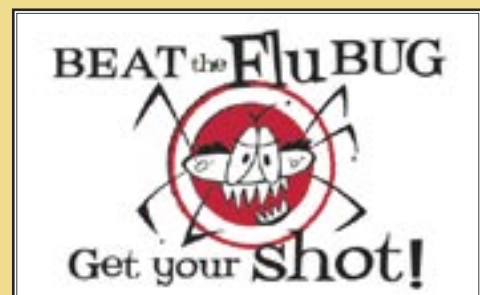
## Attention Employees:

Trillium Services will be administering flu shots again this year.

**Wednesday, November 5th, 2008  
10:30 am -12:30 pm**

The shot is free to employees covered by Health Partners. If you don't have health insurance through Trillium Services, you may still get the shot but will need to bring \$23.00 cash to cover the cost.

*Please RSVP on or before Friday, October 31st, by calling Sam Zigich or Tori Hendrickson at the Trillium Office, (218) 722-5009.*



**November 5th, 2008  
Mark your Calendars!**



# EARTHNOTES

-- by nature rocks!

## Raptor Bird Migration at Hawk Ridge--

Toward summer's end, as the days shorten, some 94,000 raptors fly over Duluth's Hawk Ridge Nature Reserve to begin their migration to their wintering grounds in the southern United States and beyond. Raptors are birds of prey (such as, hawks, eagles, and falcons) that hunt for food by using their keen senses, especially vision, primarily while in flight. Raptors avoid flying over large bodies of water, and as the south-migrating birds approach Lake Superior from the north, they swing southwestward over Duluth before scattering out over land again. Avoiding big water is one reason hawks and their kin converge here, but it's not the only one. Migration is an energy-intensive activity, and every wing-beat saved enhances the odds of success. When the sun shines on the ridge and the air near the ground warms, thermals (up-flowing currents of air) form. Soaring skyward in cylindrical groups called kettles, raptors ride these thermals, gaining free altitude to propel them south. For every vertical mile they climb, the birds can glide seven miles with barely a flap. Combined, these factors make Hawk Ridge a perfect flyby for migrating birds of prey. The migration usually starts a couple of weeks before Labor Day, peaks up to 10,000 or more birds per day in September, and by Thanksgiving the action will substantially slow down. For more information about Hawk Ridge, log on to: <http://www.hawkridge.org> --by Nature Rocks! with information from the Sept/Oct '08 MN DNR Conservation Volunteer Magazine

### Mission and Vision

*Trillium empowers people to have a voice in conquering barriers and following their dreams.*

### Core Values:

- ◇ Support Community Contribution
- ◇ Develop Valued Social Roles
- ◇ Teach Respect for Self and Others
- ◇ Utilize Natural Supports
- ◇ Promote Community Inclusion
- ◇ Establish Reciprocal Relationships
- ◇ Acknowledge Dignity of Risk
- ◇ Build Strength through Capacity

## Trillium Services Anniversary Recognition

Trillium Services would like to recognize the following who are celebrating anniversaries in July, August, and September, 2008.

### 16 years!

Jim Annis  
Wendy Annis

### 15 years!

Susan Belsvik

### 14 years!

Sandra Bridges

### 13 years!

Chris Johnson

### 12 years!

Brandon Phillips  
Shannon Gilbert

### 11 years!

Nicole Beaupre  
Lanny Gallup  
Christine Lone  
Karin Lunda

### 9 years!

Michael Maki

### 8 years!

April Bonneville  
Renee Hunstad  
Brian Jesswein  
Jo Anne Schwerm  
Beth Shanda

### 7 years!

Matt Bahl  
Jessie Boyechko  
Fran Hom  
Kendra Reitan  
Rita Takavitz  
Taylor Teddy

### 6 years!

Jessie Baumgarten  
Paula Goranson

### 5 years!

Sarah Anderson  
Cindy Hindermann

### 4 years!

Henry Batjes  
Nicolle Brown  
Jennifer Carlin  
Vicky Galarowicz  
Kristen Moir  
Brandy Mojica  
Cindy Sanders  
Philip Toffoli  
Debra Weber

### 3 years!

Alicia Carranza  
Megan Helmer  
Nadine Hubert  
Andrea Jackson  
Lori Lande  
Scott Nelson  
Mark Schuman

### 2 years!

Nicole Bosiacki  
Robin Flegal  
Julie Gronski  
Ken Hansen  
Joshua Howie  
Jennifer Hurst  
Kevin Johnson  
Kathy Koehler  
Dawn Murphy  
Kristine Richardson  
Emily Vavrosky  
Samatha Zigich

### 1 year!

Ed Blegen  
Joseph Bowens  
Brian Burcar  
Justin Edberg  
Andysue Eickmeyer  
Michelle Helgeson  
Bret Hillman  
Christopher Keur  
Danielle Korf  
Rebecca Koss  
Josh Luedtke  
Elizabeth Machart  
Joshua Meyer  
Jennifer Nordmeyer  
Nicholas Salay  
Kevin Schneider  
Jennifer Taggart  
Jessica VanDenEinde



This is the guy you long to see when you're running Grandma's Marathon! Mark Schuman had water "ready for the taking" as they ran through Downtown Duluth. Way to go, Mark!



It's pretty hard to keep up with Jesse Miller these days. First, he volunteered at Grandma's Marathon (above) and then he turned around and received first place in the Park Point Two-Mile Walk (right). Congratulations, Jesse!



Here is Kim Kyrola helping to make Rhubarb Bars for the Trillium Task Force's Bake-off for the 2008 CHUM Rhubarb Fest. Trillium was proud to help CHUM raise almost \$24,000 this year for this wonderful community-based event! We should have doubled the recipe, right Kim?

## TRILLIUM TASK FORCE 1ST ANNUAL RUMMAGE SALE



CHEERS for the Volunteers!  
Skip Mortensen, Gloria Walters, and Vern Erickson



Keith Klejewski, Josh Hendrickson, and Mike Molitor have FUN raising FUNDS for our furry friends!



Hooray for our Apple Ridge crew and the dozens of Trillium staff and consumers who pulled together to "donate, haul, sort and price" to earn over \$800 dollars for Animal Allies! Talk about Team Work and Community Contribution in action! -Gloria Walters



**Pictured clockwise from upper left: Jesse Miller, Ron Wilkosz, Mark Schuman, and Brian Koski.**

The guys at Swan Lake have been busy this summer. One of their favorite projects was building a picnic table. After picking it out at Menards, Jesse couldn't wait to put it together. He was pretty handy with the drill. Over the 4th of July weekend, Mark, Ron, and Brian finished the project by staining it. Their teamwork paid off as the picnic table turned out great.

*-Jen Hurst*



**Elvis was spotted with Terri Forrest & her fiancé, Tim.**



**John Bringe & Jenna Philippi danced to the old-time music.**

Pictured (l to r): Rita Takavitz, Emily Vavrosky & Eileen Marciniak, Nicole Beaupre, Lanny Gallup & Brandy Mojica, Jennifer Steger & Kendra Reitan

**P I C N I C**  
**2008**



Pam



Linda & Mike



Joe



Scott & Matt



# TRILLIUM WORKS! IN ACTION

-- by Josh Howie


## Working at the "Home of the Whopper"-

Local Burger King restaurants have provided several individuals consistent, supportive and long term employment. Pam Bullyan (5 years of employment) and Katie Foster (1 year) are employed at the Burger King in Superior, Matt Bahl (19 years) works at the Burger King on Central Entrance, Mike Maki (1 year) works at the West Duluth location, and Sarah Kamp (7 years) and Joe Desautel (1 year) work at the Burger King on London Road.

Although the locations are different, their job duties are

fairly similar. Each individual is responsible for washing the many dishes and trays that accumulate from the large number of people who line up to eat Whoppers every day. They are also in charge of keeping the lobby clean and the pop and condiment areas fully stocked.

The next time you dine at Burger King and notice how clean it is, appreciate finding a lid for your pop, and find plenty of ketchup for your fries, you can thank one of the fine people listed above for the great job they do every day.



**Stop by your local Burger King today!**

724 Belknap, Superior, (715) 392-9555  
 208 E Central Entrance, Duluth, (218) 722-8687  
 210 S 27th Ave E, Duluth, (218) 529-2350  
 2120 London Road, Duluth, (218) 724-1828



## THE HEALTH BEAT

-- by Cindy Sanders

### Diabetes: Are you at Risk?

Did you know that 23.6 million people or 7.8% of our population in the United States have diabetes? 5.7 million of them have not been diagnosed. That is 24%! There were 1.6 million new cases of Type 2 diabetes diagnosed in people over 20 years of age in 2007. **These numbers are staggering.**

Diabetes can lead to many types of complications such as: heart disease, stroke, high blood pressure, blindness, kidney disease and amputations to name a few.

**Symptoms of diabetes** include frequent urination, excessive thirst,

more hungry than normal, more tired than usual, unexplained weight loss and blurry vision.

Some risk factors are age, activity level, weight, race, diabetes during pregnancy and family history. Early detection is the key and then once diagnosed, keeping your blood sugars under control.

**Could you be at risk?** Visit the American Diabetic Association website at [www.diabetes.org](http://www.diabetes.org) and check out their information. You can also take a diabetes risk test while you are on their site. Just click on "All about Diabetes" on the left-hand



side of the screen and then click on the "diabetes risk test" and follow the test through.

### Risk Factors

- Age
- Race
- Activity Level
- Family History
- Weight
- Diabetes during Pregnancy



# "BURRITO HOT DISH"

-- by Susan Belsvik

### Ingredients:

- Bag of frozen burritos (8 in a package, any flavor)
- Large can (16 oz.) of Enchilada Sauce (any flavor)
- 1 lb. of hamburger
- ½ cup chopped onions (more if desired)
- Shredded cheese (Mexican flavor is nice)
- Black olives (sliced) (optional)

### Preparation:

Brown hamburger and chopped onions. Mix in most of the enchilada sauce.  
 Pour remaining enchilada sauce on bottom of 9 x 12 cake pan.  
 Lay out the frozen burritos.  
 Pour meat and enchilada mixture over burritos.  
 Sprinkle cheese and black olives over burritos.  
 Bake at 350 degrees for ½ hour or until cheese is melted and burritos are done.  
 Serve with sour cream and salsa (optional).

*"My family liked it... it's easy to make."* --Susie



Susie and her family like this hot dish, we hope you enjoy it too.



## INTERESTING "NEW" EATS

-- by James Good

**"My favorite... was the Cucumber Rolls and Tuna."** -- James



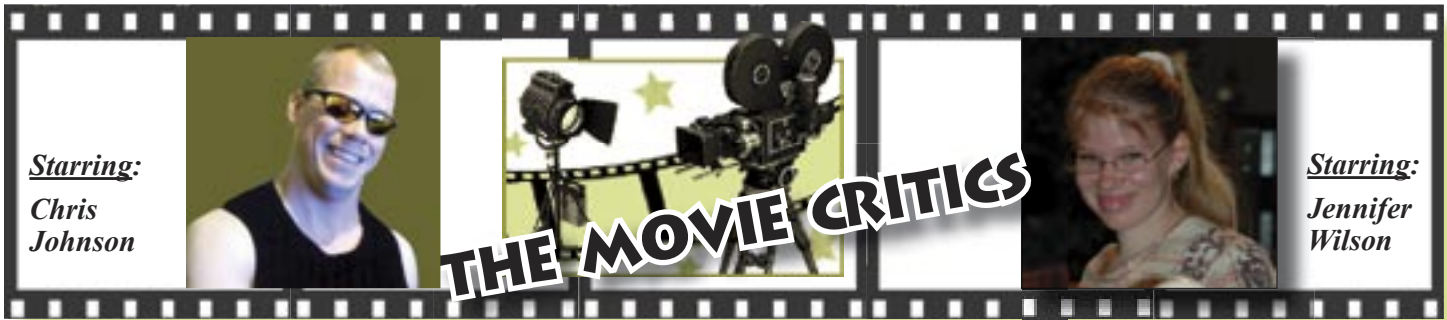
James Good & Keith Klejewski sample the Sushi Combo.

Today, July 25th, 2008, I went out to eat with my roommate Keith and my staff Kevin to a Japanese restaurant called the Zen House. The Zen House is located on Haines Road in Hermantown.

When I first walked into the Zen House I saw the Sushi Bar and thought the restaurant was very traditional. First, we ordered the Sushi Combo which had Tuna Rolls, Cucumber Rolls, Nigiri, and several other interesting fish.

My favorite out of the combo was the Cucumber Rolls and Tuna which were wrapped in seaweed and rice. After the appetizer combo, I ordered the Shrimp Chow Mein. My overall opinion of the entree was that the shrimp was very big and tasty, complementing the Chow Mein wonderfully! I enjoyed our server who pointed out everything that we ate and did a great job making our experience memorable! I would recommend the Zen House to anyone that enjoys interesting and exotic foods.

ZEN HOUSE  
 4147 Haines Road  
 Hermantown, MN 55811  
 (218) 722-9365



***Starring:***  
***Chris Johnson***



# THE MOVIE CRITICS



***Starring:***  
***Jennifer Wilson***

**The Dark Knight** – Batman and James Gordon join forces with Gotham’s new District Attorney, Harvey Dent. Whilst other forces plot against them, they take on a psychotic bank robber known as The Joker who’s crimes grow more and more deadly. A dark power-house masterpiece; I felt intimidated! -- A+

Heath Ledger got the spotlight as the diabolical Joker. After his tragic ending, we should remember & honor his past motion pictures.

**“The night is darkest just before the dawn, and I promise you, the dawn is coming”.** --*Harvey Dent*

**What Happens in Vegas** – This movie has a great, funny cast of characters played by Cameron Diaz and Ashton Kutcher. Joy gets dumped by her fiance and decides to let loose by going to Las Vegas. Jack gets fired by his own dad & decides to take a break & go to Vegas. After a crazy night, the unlikely pair ends up married. As they realize their mistake, they win a jackpot of three million dollars. They want a divorce & both want the money. This movie has lots of hilarious moments & a surprise ending in store. -- A-

**Mama Mia** – This movie is a musical and is based on the songs by ABBA. It is funny and fun to watch and will make you want to stand up and dance along. I really liked this movie! -- A+

**Sisterhood of the Traveling Pants 2** – The sequel to the first Traveling Pants movie, but instead of starting where the original left off, this one quickly shows some main events that lead up to the girls being in college, which is where the movie takes place. This movie has some funny parts. I really enjoyed it! -- A

**YOUR HUMAN RESOURCE**  
-- by Jay Johnson & Brian Burcar  
“Together we can do it...”  
**Trillium Services and DRCC Collaborate!**

On August 14th, 2008, DRCC and Trillium Services combined forces to present an all-day training. The training, entitled, “Together we can do it...” was a great opportunity for employees to meet people from another agency and gain useful knowledge to apply to their careers. The keynote speaker for the training was Colleen Wieck, Executive Director of the Governor’s Council on Developmental Disabilities. Colleen discussed the history and progression of how people with developmental disabilities have been treated over the years.

Each attendee got to choose which break-out sessions to attend. Their choices included: “Adaptive Equipment & Technology,” “New Considerations in Diabetes Management,” “With an Eye to the Past,” “How to Turn the Stigma of a Disability into a Insignia of Honor,” and a presentation from the Self-Advocates of Minnesota. At the end of the day, everyone gathered to hear a presentation by Lynne Frigaard, Administrator and Fetal Alcohol Syndrome Specialist with Arc Northland.

“Together we can do it...” was a great success and the positive feedback from participants was very encouraging. It was a great pleasure and a learning experience to work with DRCC and we hope to collaborate with them again in future.

## Congratulations!



*Congratulations to Vicky Galarowicz on the birth of her son, Jude Francis Galarowicz born June 27th, 2008.*



*Congratulations to Ed and Kelly Blegen who were married on July 11th, 2008.*



**Susie & Jo care for the flowers at Viewcrest Health Center (above) and update their bulletin board (below).**



**My Trillium Story, by Jo Anne Schwerm**

Hi! My name is Jo Schwerm and I have worked at Trillium since September of 2000. I started out working in Family Services and as a Weekend Recreation Specialist at Selfridge.

I have a son and a daughter, and three grandchildren. I am very involved in the community and play the clarinet in the Proctor Community Band. Four of us from the band play at Nursing Homes and for the Salvation Army around Christmas time.

I've worked with Susan Belsvik from the start and we have had a lot of fun over the years going to plays, getting exercise at the Center for Personal Fitness, walking in the community and working on everyday skills. This year, we started volunteering at Viewcrest Health Center where Susie and I help with bulletin boards, watering plants and visiting with residents.

**My Trillium Story, by Susan Belsvik**

Susan Belsvik has been with the company for over 15 years way back when it was called Paragon! Wendy and Jim were working out of their home back then and were her first staff! Gert Belsvik says that Trillium has been wonderful for Susan and that she has really benefitted from learning all kinds of skills over the years.

Susie enjoys her long time staff, Jo Schwerm and Pat Edwards, who are trustworthy, patient and kind. When asked what Susie thinks of Trillium, she responds with an enthusiastic, "It's good!" with a big smile on her face!

Susie likes getting out in the community and loves the outdoors. She and her staff picked fresh raspberries

and followed up by making some delicious muffins! She has also done a lot of fishing lately and she landed a big catfish at Chamber's Grove! She likes to read and enjoys a wide variety of topics; everything from People Magazine to medical books about hearts and lungs!

Over the years, Susie has taken belly dancing classes, worked out at the Center For Personal Fitness, cooked up some delicious dishes for her family (check out the Burrito Hotdish recipe in this issue's What's Cooking?) and is a natural when it comes to volunteering at View Crest Health Center. Thanks for letting us serve you all these years, Susie! --by Gloria Walters



**Jo Anne**

● **Annual Outcome Report** -- Trillium Services, Inc. Annual Outcome Report is available upon request. If you are interested in receiving a copy, please call our office at (218) 722-5009 or request one on-line at [www.trilliumservice.com](http://www.trilliumservice.com).

● **Annual Satisfaction Surveys** -- Trillium Services, Inc. Satisfaction Survey results are available for review at the Trillium Office.

● **Action Request Box** -- Do you have ideas, comments, or questions that would improve the services we provide? Fill out an Action Request Form located in the Brew Ha Ha. Requests are reviewed bi-weekly and will remain anonymous if you choose. We look forward to hearing from you!

### Open Positions

**Program Counselors** - We currently have one full-time position available, please call for more information.

**Weekend Recreation Specialist** - Part time position available working every other weekend Friday through Sunday.

**Respite Provider** - Part time position available working one weekend/month from 5 pm Friday -- 9 am Sunday.

**Awake Overnight Floater** - Female needed for fill-in awake-overnight shifts.

**Live-In Companions** - Share a home in the Duluth area providing Sunday--Thursday (10pm--9am) coverage and assisting with morning routines. Receive free rent and utilities for a private bedroom or apartment while earning \$600.00/month. One position immediately available.

*Trillium Works! would like to recognize and thank all the local businesses who support making our community a better place for everyone to work and live.*

<i>Animal Allies</i>	<i>Lake Superior Zoo</i>
<i>Anytime Fitness</i>	<i>Maritime Museum</i>
<i>Benedictine Health Center</i>	<i>Midway Lumber</i>
<i>Burrito Union</i>	<i>Rainbow Senior Center</i>
<i>China Star Family Restaurant</i>	<i>St. Ann's Assisted Living</i>
<i>Chris Jensen Rehabilitation Center</i>	<i>St. Mary's Hospital</i>
<i>Creation Station Daycare</i>	<i>Salvation Army</i>
<i>Dairy Queen</i>	<i>Savories Catering</i>
<i>Duluth/Superior Burger Kings</i>	<i>Shop-Ko</i>
<i>Edgewood Vista Health Center</i>	<i>Skyline Bowling Lanes</i>
<i>Foster's Bar and Grill</i>	<i>Slumberland</i>
<i>Glensheen Historic Congdon Estate</i>	<i>Super One Foods</i>
<i>Hermantown Elementary</i>	<i>Taco Bell</i>
<i>House on the Hill Daycare</i>	<i>The Depot</i>
<i>JC Penney</i>	<i>TJ Maxx</i>
<i>King Manor Assisted Living</i>	<i>Twig Bakery</i>
<i>Lake Superior Brewing Co.</i>	<i>Video Vision</i>



For more information on open positions, please call (218) 722-5009 and ask for Brian Burcar, Human Resources Director, or visit our website: [www.trilliumservice.com](http://www.trilliumservice.com).

### Trillium Times Staff

*Paula Goranson, Newsletter Design*  
*Brian Burcar, Editor*  
*Chris Johnson & Jennifer Wilson, The Movie Critics*  
*Cindy Sanders, The Health Beat*  
*Josh Howie, Trillium Works!*  
*Brian Burcar & Jay Johnson, Your H.R.*  
*Jennifer, Julie, Amanda & Nadine, Director's Corner*  
*Susan Belsvik, What's Cooking*  
*James Good, Interesting Eats*  
*Gloria Walters, Trillium Task Force*  
*Angela Gustafson, Integration Celebration*  
*Nadine Carlson & nature rocks!, Earth Notes*  
*Susan Belsvik & Jo Anne Schwerm, My Trillium Story*

### Contributing Writers

<i>Jeff Arfman</i>	<i>Jen Hurst</i>
<i>Shirley Roine</i>	<i>Jennifer Steger</i>
<i>Jennifer Taggart</i>	<i>Gloria Walters</i>



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