



## **CPR/First Aid**

***Join Us!***  
**January 24, 2012**

### **About Trillium Services, Inc.**

Trillium Services is an agency that provides both community living and employment support services to individuals with disabilities. Our mission and vision is to empower people to have a voice in conquering barriers and following their dreams. Our core values include: community inclusion, natural supports, valued social roles, reciprocal relationships, community contribution, respect and dignity of risk.

**Trillium Services, Inc.**  
**4629 Airpark Blvd**  
**Duluth, MN 55811**  
**Phone: 722-5009**  
**Fax: 218-722-7219**

[www.trilliumservice.com](http://www.trilliumservice.com)

**Trillium Services, Inc.**  
4629 Airpark Blvd  
Duluth, MN 55811



**January 24, 2012**

**Registration**

8:30 — 9:00 am

**Heartsaver CPR & First Aid**

9:00 am — 1:00 pm

**4 CEU's/Contact hours in Nursing  
or Social Work**

**All of our instructors are  
certified by the  
American Heart Association.**

**Cindy Sanders, LPN**

**Jennifer Steger**

**Kate Stark**

**Samantha Zigich**

Questions about this training?

Contact Brandy Mojica at:

218-722-5009 ext. 112

bmojica@trilliumservice.com

**Complete CPR/First Aid training  
through Trillium Services and we  
will notify you when it's time to  
recertify. It's that easy!**

# Agenda

## Heartsaver CPR & First Aid

Learn skills that could save a life from instructors certified by the American Heart Association. This course covers the most up-to-date techniques for administering CPR and First Aid. Instructors offer current, valuable information in an easy-to-follow format. Skill practice, discussion, and real-life examples are used to reinforce the techniques and make this course fun and informative. The course provides for a 2 year certification in both CPR and First Aid.

## Heartsaver CPR & First Aid Objectives

1. Provide participants with general principles in medical and injury emergencies while providing first aid.
2. Provide participants will environmental emergency training to assist in providing first aid.
3. Provide participants with proper protocol for administering adult/child CPR.
4. Provide participants with AED training.

Name(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

E-Mail: \_\_\_\_\_

Business Name/Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

**Mail Registrations and check payable  
to: Trillium Services, Inc.**

**Attn: Brandy Mojica**

**4629 Airpark Blvd.**

**Duluth, MN 55811**

**Heartsaver CPR & First Aid**

**Cost: \$ 55.00**

*The registration fee is non-refundable, however,  
you may send someone to take your place.  
- Registration fees due prior to the training.*

**Date: January 24, 2012**

**Location: Country Inn & Suites North,  
4257 Haines Road, Hermantown**